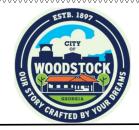
# SENIOR MATTERS

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#### WILLIAM G. LONG SENIOR CENTER

Woodstock Parks and Recreation 223 Arnold Mill Rd., Woodstock, GA 30188 Phone: 678-445-6518 Fax: 678-445-4351 Monday — Friday 9:00am — 4:00pm



~ UPCOMING EVENTS ~

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## **May**

May 10th
Mother's Day Luncheon

May 23rd Senior Picnic

May 27th
Closed for Memorial Day

## <u>June</u>

June 12th LOTTO Day

June 14th Father's Day Luncheon

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May/June 2019

~ INSIDE ~

Advisory Council

**New Members** 

Daily Activities

May/June
Calendar,
Trip &
Activity
Details

Lotto Drawing Instructions

Birthday Luncheon for Mar,/Apr. Birthdays



One year of membership is \$25.00, per person. We accept Cash or Checks. <u>Please make checks payable to the City of Woodstock.</u>



#### **INSIDE THE CENTER**



William G. Long Senior Center (WGLSC) Advisory Council

Advisory Council meets every other month at the Senior Center. The next meeting will be May 22, 2019 at 10:00am. A copy of the minutes of each meeting can be obtained from staff.

#### ADVISORY COUNCIL MEMBERS

Gloria LeVonne, President Email: glorialevonne@gmail.com

Gayle Bautz Email: g\_bautz@yahoo.com

Evelyn Endsley Email: evelynendsley414@gmail.com
Joann Priest Email: joannpriest12@yahoo.com

Lori Goehring Email: excaliburdrilling@msn-com

Barb Hatfield Email: bhdance@gmail.com

## Notes From The Staff

We are sorry to announce that as of March 2019, Bunko will no longer be offer at the Woodstock Senior Center.

Thank you for your understanding!

Williams G. Long Senior Center Phone Number 678-445-6518 Preston Pooser, Director of Parks Recreation, ppooser@woodstockga.gov

Marybeth Stockdale Special Events Coordinator mstockdale@woodstockga.gov Jan Masey Senior Center Coordinator jmasey@woodstockga.gov Don Payne Regreation Services Assistant dpayne@woodstockga.gov Heather Gaddis Administrative Assistant hgaddis@woodstockga.gov



## **Welcome Our New Members**



Mary Binicewicz
Dori Spousa
Bill Dotson
Tom Beatty
Sheron Hudson
Jyotsna Patel
David Horner
Nancy Horner
Inez Smith
Charles Blakey

Leo Broekhuizer
Betty Hudson
Jne O'Melia
Bill LaGanke
Freda WilliamsMay Dyal
Ken Cahill
Dorothy Bradberry
Bonnie Brown
Darlene Plemons

Julia Fuller
John Fuller
Betty Beasley
Cheryl Dunlop
Joe Chenault
Marlene Chenault
Jo Assenberg
Carol Simmons
Dorothy Jordan
Bob Palin

Jodie Slater
Letty Hall
Marianne Forrester
Ken Lytle
Carol Lytle
Connie Beasley
Jim Lewis
Shirley Byrd
Kathy Dawson
Betty Curnutt

Connie Knuth Jim Knuth Chris Sweet Gloria Granatelli Linda Coleman Sherry Gwaltney

#### FOR YOUR INFORMATION

WHEN GOING ON BUS TRIPS WITH US, PLEASE ARRIVE AT LEAST 15 MINUTES PRIOR TO THE ADVERTISED DEPARTURE TIME TO FACILITATE ROLL CALL, COLLECTION OF BUS FEES, ETC. WE WILL WAIT UNTIL FIVE MINUTES PAST THE ADVERTISED DEPARTURE TIME IF SOMEONE IS NOT THERE, BUT WE HAVE TO LEAVE AT THAT POINT. WE HAVE TO MAINTAIN THE SCHEDULE AGREED UPON WITH THE VARIOUS VENUES WE VISIT.

LOTTO TICKETS ARE DUE ON TUESDAY BEFORE LOTTO DAY TO BE INCLUDED IN THE WEDNESDAY LOTTO DRAWING. TICKETS TURNED IN AFTER TUESDAY WILL AUTOMATICALLY GO TO THE BOTTOM OF THE LIST OR WAIT LIST. ONLY FILL OUT ONE LOTTO SLIP PER TRIP. DUPLICATE ENTRIES WILL BE THROWN OUT. REMEMBER, ONLY TRIPS THAT GO BY BUS NEED LOTTO SLIPS FILLED OUT (WITH THE EXCEPTION OF THANKSGIVING & CHRISTMAS LUNCHES AND THE SENIOR PICNIC.)

WHEN PAYING FOR TRIPS OR LUNCH IN CASH, PLEASE BRING THE CORRECT CHANGE. WE MAKE DEPOSITS DAILY AND DO NOT KEEP CHANGE IN THE OFFICE. BRINGING THE CORRECT AMOUNT MIGHT SAVE YOU A TRIP BACK TO THE CENTER TO MAKE YOUR PAYMENT. THANKS, JAN & DON

WE HAVE A M.U.S.T. MINISTRIES COLLECTION BARREL IN THE FRONT ENTRY. THEY ACCEPT ALL "<u>CLEAN</u>" CLOTHING, LINENS, AND NON PERISHABLE FOOD ITEMS. DONATIONS ARE TAX DEDUCTIBLE AND IF YOU LEAVE YOUR NAME, DELIA HALVERSON WILL MAKE SURE YOU GET A RECEIPT.

PLEASE BE CONSIDERATE OF OTHERS - DO NOT TAKE ANYTHING THAT DOES NOT BELONG TO YOU (THIS INCLUDES ITEMS IN THE REFRIGERATORS.) IF YOU FIND SOMETHING THAT HAS BEEN LEFT BEHIND, PLEASE TURN IT INTO THE OFFICE.

Don't forget to check out our Senior Center Facebook Page for pictures of our trips & events and LIKE us! Find us at this web address:

https://www.facebook.com/Woodstock.Senior.Center









Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 8:30am Harrah's in Murphy NC	3 10am Bowling	4 11:30am Glenn Miller Orchestra
5	6	7	8 10am Trip Committee Meeting	9 8:30am <u>Jaemor Farms</u> 2pm Discussion Group	10 12pm Mother's Day Luncheon	11
12 Reppy Meliters Day	13	14 10:30am Master Gardener's 11:00am Lunch Bunch @ Guston's	15 9:15am Waffle House Museum	16	17 9am AARP Safe Driving Class	18
19	20 12pm Lunch & learn—Senior Living	21	22 10am Advisory Comm. Mtg.	23 12pm Senior Picnic	24 12PM Lunch & Learn SALT/Triad	25
26	CLOSED	28 5pm Braves vs Washington	29	30 8:30am Cyclorama with lunch at the Swan House	31	

Wednesday lunches are at 12:00pm (Noon) unless otherwise noted. Cost is \$5.00 - \$7.00 cash per person, prepaid by the Friday before the lunch. If not paid by Friday, you can be put on a waiting list for the lunch. If someone cancels, you would have the option to purchase theirs.

May 1st \$6.50	May 8th	May 15th \$5.50	May 22nd	May 29th \$6.00
JD'S BBQ Sandwiches Slaw & Chips Dessert & Drink	No Lunch	Grilled Hot Dogs Baked Beans & Slaw Dessert Drink	No Lunch	Salad Mania Chick., Tuna & Egg Salad on Croissant Chip, Dessert Drink
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# May Activity and Trip Details



MAY 2ND - 8:30AM - "HARRAH'S IN MURPHY, N.C." - COST IS \$8.00 PER PERSON, PREPAID BY APRIL 26TH. VALLEY RIVER IS 60 MILES CLOSER AND WE WILL RECEIVE THE SAME COMPS AS WE DID IN CHEROKEE. THE RESTAURANT IS NOW OPEN. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 8:30AM. APPROXIMATE TIME OF RETURN WILL BE 6:30PM.

<u>MAY 3RD - 10AM - "BOWLING AT STARS AND STRIKES"</u> - LET'S GO BOWLING FOR FUN AND EXERCISE WITH YOUR FRIENDS AT THE SENIOR CENTER. <u>COST IS \$5 FOR 2 HOURS OF BOWLING (PAID AT THE DOOR)</u>. A SIGN UP SHEET WILL BE ON THE BOARD.

MAY 4TH - 11:30AM - "GLENN MILLER ORCHESTRA" AT THE FALANY PERFORMING ARTS CENTER - EXPERIENCE THE MUSIC OF GLENN MILLER PRESENTED BY NICK HILSCHER WITH HIS ORCHESTRA THAT WAS FORMED IN 1956 AND HAS BEEN TOURING CONSISTENTLY SINCE. COST IS \$30.00 PER PERSON, PREPAID BY APRIL 22ND. BRING MONEY FOR LUNCH AT RED LOBSTER. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 11:30AM.

MAY 9TH - 8:30AM - "JAEMOR FARMS" IN ALTO, GA. - WE WILL TOUR THE FARM VIA TRAILER RIDE WHILE LEARNING THE FARM'S HISTORY AND OPERATING PRACTICES. SEE HONEY BEE HIVES, PICK STRAWBERRIES & SHOP AT THE FARM STORE. COST IS \$6.00 PER PERSON, PREPAID BY APRIL 24TH. BRING MONEY FOR LUNCH AT SONNY'S BBQ. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 8:30AM

MAY 9TH - 2PM - "DISCUSSION GROUP" - BRING YOUR INTERESTING TOPIC AND JOIN OUR DISSCUSION GROUP.

MAY 10TH - 12PM - "MOTHER'S DAY LUNCHEON" - JOIN US IN CELEBRATING MOTHER'S DAY WITH A LUNCHEON PREPARED BY FAMILY TRADITIONS. COST IS FREE FOR MOTHERS, ALL OTHERS THAT WOULD LIKE TO ATTEND WILL BE \$7.00 PREPAID BY MAY 3RD. A SIGN UP SHEET WILL BE ON THE BOARD.

MAY 14TH - 10:30AM - "MASTER GARDENERS" - PRESTENTED BY JUDY LESTER - HOW TO GROW TOMATOES. A SIGN UP SHEET WILL BE ON THE BOARD.

<u>MAY 14TH - 11:00AM - "LUNCH BUNCH AT GUSTON'S" IN WOODSTOCK - ENJOY DELICIOUS ENTRIES FROM SALADS, CHICKEN, STEAK, SEAFOOD AND EVERYTHING IN BETWEEN. PRICES START AT \$5.95 AND UP. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 11:00AM.</u>

MAY 15TH - 9:15AM - "TOUR OF THE WAFFLE HOUSE MUSEUM" - SEE THE VERY FIRST WAFFLE HOUSE IN AVONDALE ESTATES. THE RESTAURANT HAS BEEN RESTORED TO FEEL LIKE YOU ARE STEPPING BACK INTO 1955. THE MUSEUM FEATURES WAFFLE HOUSE MEMORABILIA FROM THE PAST 60 YEARS. COST IS FREE. BRING MONEY FOR LUNCH AT THE BLUE RIBBON GRILL. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 9:15AM.

MAY 17TH - 9AM - "AARP SAVE DRIVERS CLASS" - FOR RESERVATIONS CALL PAUL GALANEK AT 770-591-9347.

MAY 20TH - 12PM - "LUNCH & LEARN PRESENTED BY SENIOR LIVING SPECIALIST" - THIS PROGRAM WILL HELP DECIPHER THE COMPLEX WORLD OF SENIOR LIVING OPTIONS BY DESCRIBING EACH LEVEL OF CARE AND WHAT IS OFFERED IN THAT SETTING. A SIGN UP SHEET WILL BE ON THE BOARD.

<u>MAY 23RD - 12PM - "SENIOR PICNIC "-</u> JOIN US FOR HAMBURGERS AND HOT DOGS AND ALL THE FIXINS AT THIS YEAR'S ANNUAL PICNIC AT THE SENIOR CENTER. <u>COST IS FREE!</u> THIS EVENT WILL BE LIMITED TO 130 MEMBERS AND DUE TO THE POPULARITY OF THIS EVENT <u>YOU MUST FILL OUT A LOTTO SLIP TO ATTEND.</u>

>>> PLEASE NOTE: A LOTTO SLIP IS RERQUIRED FOR THE SENIOR PICNIC < < <

MAY 24TH - 12PM - "LUNCH & LEARN PRESENTED BY THE S.A.L.T/ TRIAD OF CHEROKEE CO." - RETIRED CHEROKEE CO. POLICE OFFICER, GIL FELDMAN WILL BE PRESENTING THIS PROGRAM ON IDENTITY THEFT. THE PROGRAM WILL OFFER MEASURES TO TAKE TO HELP PREVENT IDENTITY THEFT AND WHAT STEPS TO TAKE IF IT HAPPENS TO YOU. A SIGN UP SHEET WILL BE ON THE BOARD.

MAY 27TH - THE CENTER WILL BE CLOSED IN OBSERVANCE OF MEMORIAL DAY.

<u>MAY 28TH - 5PM - "BRAVES VS WASHINGTON" - JOIN US AS THE BRAVES PLAY THE WASHINGTON NATIONALS AT SUNTRUST STADIUM. COST IS \$24 PER PERSON, PREPAID BY APRIL 29TH.</u> BRING MONEY FOR DINNER AT THE STADIUM. THE BUS WILL LEAVE THE SENIOR CENTER PARKING LOT AT 5:00PM.

MAY 30TH - 8:30AM - "CYCLORAMA AND LUNCH AT THE SWAN HOUSE" — VISIT THE NEWLY RELOCATED CYCLORAMA AT THE ATLANTA HISTORY CENTER THEN LUNCH AT THE SWAN HOUSE. COST IS \$45.00 PER PERSON, PREPAID BY MAY 1ST. COST INCLUDES ADMISSION TO THE CYCLORAMA AND LUNCH CONSISTING OF THE SWAN HOUSE CHICKEN SALAD, CHEESE STRAWS, FROZEN FRUIT SALAD, DRINK AND INCLUDES TIP AND TAX. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 8:30AM.



# June



Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 10am First Baptist Church singing group	4 9:30AM Delta Flight Museum	5	6	7 10am Bowling	8
9	10	11 9:45AM Lunch Bunch At Journeys End	12 1pm LOTTO DAY	13 9am Dekalb Farmers Market 2PM Disc. Group	14 12pm Fathers Day Luncheon	15
Happy Father's Day!	17 5 pm Braves vs Mets	18	19	20 9am Asian Farmers Market	21 12PM Lunch & Learn with Northside Cherokee Hospital	22
23	24	25 8:00am Tour of Atlanta Motor Speedway	26	27 8:30am Racing Hall Of Fame	28 12PM Lunch & Learn w/ SALT/ Triad	29
30						

Wednesday lunches are at 12:00pm (Noon) unless otherwise noted. Cost is \$5.00 - \$7.00 cash per person, prepaid by the Friday before the lunch. If not paid by Friday, you can be put on a waiting list for the lunch. If someone cancels, you would have the option to purchase theirs.

June 5th	June 12th	June 19th	June 26th	
\$6.00	\$6.00 LOTTO DAY	\$6.50	\$6.00	
BBQ Chicken Potato Salad & Slaw Dessert, Roll Drink	Chick Fil A Sandwich Box Chip & Cookie Drink	Honey Baked Ham Sandwiches Chip & Cookies Drink	Grilled Hamburgers Pasta Salad Chips Dessert & Drink	
		6		



# June Activity and Trip Details



<u>JUNE 3RD - 10AM - "THE PEBBLES SING GROUP"</u> - FROM THE FIRST BAPTIST CHURCH IN WOODSTOCK WILL BE SINGING SONGS FOR US AT THE SENIOR CENTER. THIS CONCERT IS FREE.

JUNE 4TH - 9:30AM - "DELTA FLIGHT MUSEUM" - SEE EXHIBITS AND RARE ARTIFACTS. GET AN UP CLOSE LOOK AT HISTORIC AIRCRAFT AND SEE EXHIBITS INSIDE A HISTORIC 767 (THE SPRIT OF DELTA.) TOUR THE FIRST 747 PRODUCED AND MORE. COST IS \$11 PER PERSON, PAID ON OR BEFORE MAY 21ST. BRING MONEY FOR LUNCH AT ON THE BORDER MEXICAN RESTAURANT. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 9:30AM.

JUNE 7TH - 10AM - "BOWLING AT STARS AND STRIKES" - LET'S GO BOWLING FOR FUN AND EXERCISE WITH YOUR FRIENDS AT THE SENIOR CENTER. COST IS \$5 FOR 2 HOURS OF BOWLING (PAID AT THE DOOR). A SIGN UP SHEET WILL BE ON THE BOARD.

<u>JUNE 11TH — 9:45AM - "LUNCH BUNCH AT JOURNEY'S END RESTAURANT IN LOGANVILLE, GA".</u> - ENJOY A DELICIOUS SOUTHERN BUFFET AND MORE. COST IS \$11.05 AND INCLUDES BUFFET, TEA, AND GRATUITIES. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 9:45AM.

JUNE 12TH 1PM—"LOTTO" DAY- JOIN US AT 12PM FOR A BOXED LUNCH FROM CHICK-FIL-A (\$6.00 PREPAID BY FRI-DAY, JUNE 7TH) THEN STAY FOR LOTTO TO SEE IF YOU GOT PICKED FOR YOUR FAVORITE TRIPS.

<u>JUNE 13TH - 9AM - "DEKALB FARMERS MARKET" - SHOP FOR FARM FRESH PRODUCE, MEATS, CHEESES, FRESH BAKED BREADS & PASTRIES. COST IS FREE</u>. BRING MONEY FOR SHOPPING & LUNCH AT THE MARKET RESTAURANT. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 9AM.

JUNE 13TH - 2PM - "DISCUSSION GROUP" BRING YOUR INTERESTING TOPIC AND JOIN OUR DISSCUSION GROUP.

JUNE 14TH - 12PM - "FATHER'S DAY LUNCHEON" - LET'S CELEBRATE OUR FATHER'S WITH A DELICIOUS LUNCH PREPARED BY GAYLE BAUTZ. COST IS FREE FOR ALL OUR FATHERS, ALL OTHERS THAT WOULD LIKE TO ATTEND WILL BE \$6.00 EACH - PREPAID BY MAY 31ST. A SIGN UP SHEET WILL BE ON THE BOARD.

<u>JUNE 17TH - 5PM - "BRAVES VS METS" -</u> JOIN US AS THE BRAVES PLAY THE NEW YORK METS AT THE SUNTRUST FIELD. <u>COST IS \$23, PREPAID BY MAY 17th</u>. BRING MONEY FOR DINNER AT THE STADIUM. THE BUS WILL LEAVE THE SENIOR CENTER PARKING LOT AT 5:00PM.

<u>JUNE 20TH - 9AM - "ASIAN FARMERS MARKET IN DORAVILLE, GA." -</u> FIND GLOBAL AND ETHNIC PRODUCE, MEATS, SEAFOOD AND ASIAN, INDIAN, & HISPANIC FOODS. <u>COST IS FREE</u>. BRING MONEY FOR LUNCH AT TED'S MONTANA GRILLE. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 9AM.

JUNE 21ST - 12PM - "LUNCH AND LEARN BY NORTHSIDE CHEROKEE HOSPITAL" - NORTHSIDE CHEROKEE HOSPITAL'S CEO, BILLY HAYES WILL BE HERE WITH INFORMATION AND WILL BE ANSWERING QUESTIONS ON THE CONTINUING GROWTH OF THE NEW NORTHSIDE HOSPITAL IN CANTON. A SIGN UP SHEET WILL BE ON THE BOARD.

JUNE 25TH - 8:00AM "TOUR OF THE ATLANTA MOTOR SPEEDWAY IN HAMPTON, GA." - THE OFFICAL TRACK TOUR INCLUDES A BRIEF HISTORY, A VISIT TO PETTY GARDEN, A TOUR OF A SPEEDWAY SUITE, A SNEAK PEEK AT THE GARAGES & VICTORY LANE. IT ALSO INCLUDES 3 LAPS IN THE SPEEDWAY VAN AROUND THE 1.54 TRACK. COST IS \$8.00 PER PERSON, PREPAID BY JUNE 18TH. BRING MONEY FOR LUNCH AT CHEDDERS RESTAURANT, THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 8:00AM

JUNE 27TH - 8:30AM- "RACING HALL OF FAME IN DAWSONVILLE, GA."- SEE THE RACE CARS THAT BILL AND CHASE ELLIOT DROVE AND THE CARS FROM YESTER-YEAR THAT THE MEN USED TO RUN MOONSHINE THAT ULTIMATELY STARTED CAR RACING IN THE SOUTH. THIS IS NOT JUST A MUSEUM, BUT THE HISTORY, HERITAGE, AND FUTURE OF THE SPORT THAT IS LOVED SO MUCH. COST IS \$5.00 PER PERSON, PREPAID BY JUNE 10TH. BRING MONEY FOR LUNCH AT THE FAJITA GRILLE. THE BUS WILL LEAVE THE CHURCH PARKING LOT AT 8:30AM

JUNE 28TH - 12PM - "LUNCH & LEARN PRESENTED BY THE S.A.L.T./TRIAD COMM. OF CHEROKEE CO." - JENNIFER GHORLEY OF HURLEY ELDER CARE WILL BE PRESENTING THE PROGRAM "ELDER CARE 101." A SIGN UP SHEET WILL BE ON THE BOARD.

## Seniors in Action!



Some of our Members making necklaces in a craft class.



Winners of the annual Spring Bridge Tournament!

1st Place - Patty O'Hagan (Second from Left)

2nd Place - Joyce Johnson (Second from Right)

3rd Place - Margie Harris (Far Left)

Lowest Score - Wanda Harter (Far Right)

## **Bus Fee**

The round trip mileage to and from the scheduled event(s) determines the per-person bus fee.

The fee schedule is as follows:

0 - 50 Miles: \$1.00

51 - 100 Miles: \$2.00

101 - 200 Miles: \$3.00

Over 200 Miles: \$4.00

## ART CLASS

#### Monday

9:30am - Beginner Class

2:00pm - Intermediate Class

<u>Tuesday</u>

9:30am - New Student - Free Class

**Thursday** 

9:30am - Intermediate Class

2:00pm - Beginner Class

Personalized instructions on your medium of choice: Acrylics, Water Colors, Oil-Based, Pastels,

Pen & Pencil, Charcoal, etc.

Cost \$15 per session, paid to the instructor.

Larry Tolerson – 678

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### Seniors in Action!



Judi Brome speaking at our Black History Month Luncheon



Lunch Bunch at the Kani House!



Posing with the Acrobats at the Falany Performing Arts Center



Some of our members volunteered to bag seedlings for the Arbor Day Celebration



Valentine's Day Desserts!

## Vashville Show Trip with Diamond Tours

December 2, 2019—Dec. 6, 2019

Cost is \$619.00 per person-dbl. occ. and includes transportation, 4 nights lodging, 8 meals, and 2 great shows. Also included is guided tour of Nashville & Belle Meade Plantation, The Country Music Hall of Fame, Admission to the Grand Ole Opry behind the tour, The Patsy Cline & Johnny Cash Museum and much more. (see brochure)

\$75.00 holds your reservation.

This will be a first pay-first go sign up—so don't delay

#### **Beginning / Refresher Bridge Class**

Learn the basics of Bridge! This class is held on Wednesdays from 1:00pm until 3:30pm. The class size is limited to a maximum of 8 students to offer the best learning environment. This class is for beginners or those that need to refresh their skills. This is a free class. Ruth Petherick is volunteering her time as the instructor.

The next class will be listed in the July/August newsletter

#### **Beginning / Refresher Mahjongg Class**

Learn the basics of Mahjongg! This class is held on Tuesdays from 10:00am until 11:30am. The class size is limited to a maximum of 8 students to offer the best learning environment. This class is for beginners or those that need to refresh their skills. This is a free class. Gayle Bautz is volunteering her time as the instructor.

The next class will begin May 7, 2019 for 6 weeks.



#### AARP SMART DRIVER COURSE

At the William G. Long Senior Center Call Paul Galanek at 770-591-9347 for details and reservations on the Friday, May 17th Class. 9:00am to 4:00pm



**BRIGHT BEGINNINGS** WEIGHT LOSS SUPPORT GROUP

Meets on Thursday mornings at the Senior Center

Weigh in is from 9:30 ~ 9:45am Meeting starts at 9:45am

> For more information, contact

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Lynda Strotman & Lori Goehring

### **DAILY ACTIVITIES**

#### **Monday**

- 9:00am Billiards, Card Games, Chip poker.
- 9:30am Beginner's Art Class with Larry Tolerson.
- 10:00am Line Dancing with Gayle Bautz.
- 10:00am Mahjongg.
   11:00am Scrabble.
- + 1:00-3pm Pinochle Class
- 2:00pm Intermediate Art Class with Larry Tolerson.

#### **Tuesday**

- 9:00am Hand & Foot, Bridge, Canasta, Pinochle.
- 9:00am Ladies Billiards.
- 9:30am Art Class New Students Only First Class
- 10:00am Mahjongg classes with Gayle Bautz.

### **Wednesday**

- + 9:00am Billiards, Card Games, Wood Carving.
- 10:00am Euchre.
   10:00am Mahiongo
- 10:00am Mahjongg.
  10:30am Ageless Grace Movement and Exercise Class
- 12:30pm Duplicate Bridge (2nd and 4th Wednesdays Team signup required.)

#### **Thursday**

- 9:00am Chip poker, Dominoes, Card Games
- 9:30am Intermediate Art Class with Larry Tolerson.
- 9:30am Bright Beginnings Weight Loss Class with Lynda Strotman
- 10:00am Line Dancing with Gayle Bautz.
- 10:30am Chair Yoga Exercise Class
- 11:30am Nimble Finger
- 2:00pm Beginner's Art Class with Larry Tolerson.

#### **Friday**

- 9:00am Billiards, Hand and Foot.
- 9:00am Pinochle.
   10:00am Mahjongg,
- 10:00am Rummikub.
- 10:30am Ageless Grace Movement and Exercise Class

\*\*All activities/times are subject to change...

Wm. G. Long Senior Center Woodstock Parks and Recreation Dept. 223Arnold Mill Rd. Woodstock, GA 30188



Standard U.S. Postage Pd. Woodstock, GA 30188 Permit No. 171

Please refer to the date on the mailing label above for your membership date. Your renewal membership is due one year from this date.

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## Lotto Drawing Instructions for Trips In order for all our members to have an equal chance to go on the trips we offer, the selection is done by a lotto drawing process. A lotto ticket is filled out by each member and placed in the locked, metal Lotto Ticket Box prior to lotto day, which is listed on the calendar sent in the mail. The cutoff for lotto entry slips is closing time, the day before the Lotto. On Lotto Day a separate drawing is done for each trip. The bus will hold 28 people therefore the first 28 names that are drawn are guaranteed a seat on the bus. If more than 28 have signed up for that trip, the remainder will go on a waiting list in the order they were drawn. After the lotto is completed, staff will post a list of trips with the members listed who were drawn for each trip including those drawn for the waiting list. Lotto tickets can be picked up anytime at the Senior Center. IN ORDER TO BARTICIDATE IN SENIOR CENTER EVENTS OF RID. IN ORDER TO PARTICIPATE IN SENIOR CENTER EVENTS OR RIDE THE BUS, YOU MUST BE A MEMBER AND YOUR MEMBERSHIP MUST BE CURRENT BEFORE YOU SIGN UP FOR ANY TRIPS! Only trips that go on the bus need lotto slips filled out\* All others will be sign-up sheets and will be on the board the day after lotto. \* The three exceptions to this are Thanksgiving & Christmas Luncheons and the Senior Picnic. Those events are also Lotto events.